

St Anne's C of E Primary School Curriculum Plan

Subject: PSHE

Year: EYFS

Term: Autumn 1



Unit: Beginning and Belonging



Vocabulary	Knowledge	Understanding	Skills
	Children will know (that)	Children will understand (that)	Children will be able to
<p>welcome – a warm or friendly greeting</p> <p>special – different from others</p> <p>kind – helpful, friendly, good.</p> <p>behaviour – the way a person acts or behaves</p> <p>respect – to treat someone kindly and to accept someone for who they are even if they are different to you.</p> <p>feelings – emotions. Eg love, anger, joy</p>	<p>What is special about them and other people in their class</p> <p>What they have learnt to do and recognise what they would like to do next.</p> <p>Who and how to ask for help if they need it.</p> <p>Ways of welcoming new children to the class.</p> <p>How people's behaviour makes other people feel</p> <p>Ways of respecting the needs of other children in the class.</p> <p>How to play and work alongside others at school.</p>	<p>What special means and how this applies to each person in the class</p> <p>They can learn new things and decide what they would like to learn</p> <p>Who and how to ask for help if they need it.</p> <p>That it is kind to welcome new people to the class</p> <p>That the way someone behaves can impact others.</p> <p>What respect means and how they can show this to each other</p>	<p>ELG: Self-Regulation - Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate; (also covered in ME F My Emotions) - Give focused attention to what the teacher says, responding appropriately even when engaged in activity, and show an ability to follow instructions involving several ideas or actions.</p> <p>ELG: Managing Self - Explain the reasons for rules, know right from wrong and try to behave accordingly</p>

			<p>Talk about their likes and dislikes and how they are different from or similar to other children</p> <p>Set a simple goal and work towards it</p> <p>Wait for what they want</p> <p>Give focussed attention to the teacher and other adults in school</p> <p>Follow instructions containing several ideas or actions</p> <p>Talk about rules and why we have them in the classroom</p> <p>Follow simple rules</p> <p>Identify appropriate and inappropriate behaviour in school</p>
--	--	--	--

St Anne's C of E Primary School Curriculum Plan

Subject: PSHE

Year: EYFS

Term: Autumn 1



Unit: Family and Friends (Anti Bullying)



Vocabulary	Knowledge	Understanding	Skills
	Children will know (that)	Children will understand (that)	Children will be able to
<p>special – different from others</p> <p>family – a group of people who are related to each other</p> <p>friend – someone you know, like and enjoy spending time with</p> <p>kind – helpful, friendly, good.</p> <p>unkind – not nice or friendly.</p> <p>behaviour – the way a person acts or behaves</p>	<p>About people who are special to them and why they are special.</p> <p>What a family is and what makes a family How families should care for each other</p> <p>What a good friend is</p> <p>How they can make new friends</p> <p>Simple reasons for why friends may fall out and simple ways to make up with friends.</p>	<p>Who the special people are in their lives and why they are special</p> <p>What makes a family and to understand how people in families care for each other.</p> <p>What makes a good friend.</p> <p>Ways of making new friends.</p> <p>Why friends may fall out and how to make up with friends.</p>	<p>ELG: Building Relationships - Work and play cooperatively and take turns with others; - Form positive attachments to adults and friendships with peers; - Show sensitivity to their own and to others' needs.</p> <p>ELG: Self-Regulation - Show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly.</p> <p>Identify the people in my life who are special to me, and what makes them special.</p> <p>Say how the people in my family show that they care for each other,</p>

	<p>What unkind behaviour looks like and understand what to do when someone is unkind.</p>	<p>What unkind behaviour looks like and understand what to do when someone is unkind.</p>	<p>and know that other families may do this differently to mine.</p> <p>Recognise some of the traits of a good friend, and begin to demonstrate these in my own behaviour and relationships.</p> <p>Explain some ways to make friends, and understand that some people may find this trickier than others.</p> <p>Set boundaries about things I do and do not like in a polite way.</p> <p>Use some simple problem solving techniques when falling out with a friend.</p>
--	---	---	---

St Anne's C of E Primary School Curriculum Plan

Subject: PSHE

Year: EYFS

Term: Autumn 2



Unit: My Emotions



Vocabulary	Knowledge	Understanding	Skills
	Children will know (that)	Children will understand (that)	Children will be able to
<p>feelings – emotions. Eg love, anger, joy</p> <p>change – to become different</p> <p>loss - the feelings caused by losing or having something or someone taken away</p> <p>help – to do something for someone</p> <p>feeling better – feeling happier</p>	<p>How to recognise and identify feelings in themselves and others.</p> <p>How to recognise what causes different feelings in themselves and others.</p> <p>How to recognise how change and losing something makes them and other people feel.</p> <p>How to recognise simple ways of making themselves feel better.</p> <p>How to recognise ways of helping other people to feel better.</p>	<p>The different types of feelings that they can feel.</p> <p>How to recognise these in themselves and others</p> <p>What change and loss are and that these can cause certain feelings.</p> <p>What feeling better means and how they can achieve this for themselves and others</p>	<p>ELG: Self-Regulation - Show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly - Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate; (also covered in BB F Beginning & Belonging) ELG: Managing Self - Be confident to try new activities and show independence, resilience and perseverance in the face of challenge</p>

			<p>The unit also contains teaching which supports children's learning in the following area:</p> <p>ELG: Building Relationships - Form positive attachments to adults and friendships with peers - Show sensitivity to their own and others' needs</p> <p>Name some different feelings and suggest when they or others might experience them</p> <p>Describe how they and others might show their feelings through their face, body and behaviour</p> <p>Give some examples of changes or losses they have experienced or might experience in the future</p> <p>Describe who they can approach, and when and how they might do this if they are experiencing uncomfortable emotions</p> <p>Describe some things they might do for themselves to help them feel Better</p> <p>Describe how they might help someone else feel better</p>
--	--	--	--