## St Anne's C of E Primary School Curriculum Plan

Subject: PSHE

Year: 2

Term: Autumn 1



Unit: Rights, Rules and Responsibilities



Vocabulary	Knowledge	Understanding	Skills
	Children will know (that)	Children will understand (that)	Children will be able to
<b>adult</b> – someone over the age of 18	How to identify their own responsibilities in familiar settings, both in and out of school.	What a responsibility is and how that links to familiar settings,	Relationships Education:
<b>rights</b> – what someone is entitled to	Which areas of their lives for which	including school. What their responsibilities are and	RR Respectful Relationships Name some adults in school who
<b>rules</b> - a law or direction that guides behaviour or action.	adults are responsible and consider how this might change as they grow up.	how these might change as they grow up.	look after them and describe their responsibilities
<b>vote</b> - a formal expression of a choice in an election or other group decision.	What existing classroom or school rules are and talk about why they have been made and what they mean in practice.	What adults responsibilities are towards them.	Describe some of the responsibilities they have in the classroom and at home, towards classmates and family
<b>opinion</b> - what one thinks about something or somebody; viewpoint. An opinion is not necessarily based on facts. Feelings and experiences	What democratic decisions are and how these affect their everyday	What a democracy is.	Describe classroom ground rules and explain how they have been involved in making them
usually help a person form an opinion.	lives, including experiencing voting and its outcomes in the classroom.	How this links to their everyday lives.	Understand why we have classroom rules and describe how they make

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<ul> <li>democracy – a country where the population have the right to vote for their ruler.</li> <li>decision - the act or result of making up one's mind</li> <li>right – what a person is entitled to living in this country.</li> <li>responsible - expected to take care of particular duties and jobs.</li> </ul>	What an opinion is and that they can share their own with others. How to share these with others.	How to share their opinions, ensuring that they listen to those of others, taking turns and showing respect for each other.	the classroom a better place for everyone Explain what is meant by voting and be able to name some people who make decisions at school Share information, opinions and feelings and listen to those of others, as part of a paired and class discussion.

## St Anne's C of E Primary School Curriculum Plan

Subject: PSHE

Year: 1/2

Term: Autumn 1 and 2

Unit: Anti-Bullying



Vocabulary	Knowledge	Understanding	Skills
	Children will know (that)	Children will understand (that)	Children will be able to
<b>bullying</b> – deliberately hurtful behaviour, repeated over a period	What the word bullying means.	The definition of bullying and the	Relationships Education:
of time, where it is difficult for those being bullied to defend	The difference between bullying and unkind behaviour or falling out	difference between bullying and unkind behaviour.	CF Caring Friendships
themselves.	with a friend.	The different types of bullying and	<b>RR Respectful Relationships</b>
<b>cyberbullying</b> – bullying that happens online or using electronic	What bullying is and the different types of bullying.	who it can happen to.	Health Education:
communication devices.			MW Mental Wellbeing
<b>repetition</b> – when something happens again and again	That bullying can happen in person or online.		IS Internet Safety & Harms
intentional – carried out on	That bullying can happen to one person or a group of people.		Understand that bullying is deliberately hurtful behaviour and
purpose	The reasons why people may be		be able to give examples of the different forms of bullying
<b>different</b> – not the same, unique	bullied and that this can sometimes be because someone is different	Why someone may be bullied and that people's differences can lead	Understand that sometimes people
<b>assertiveness</b> - Boldly self- assured; confident without being aggressive	from others.	to them being bullied.	are bullied because they may be different in some way from others

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	The different feelings and emotions	What feelings and emotions are.	Describe how it feels to be bullied
bystander – A person who,	that someone could feel if they are		or see someone else being bullied
although present at some event,	being bullied.	That people who are bullied will	
does not take part in it; an		experience different feelings and	Demonstrate simple ways of
observer or spectator.	The different ways to respond to bullying, including who to talk to	what these could be.	responding to bullying including by being assertive
emotions - A person's internal	and how to be kind to people who	That someone can respond to	
state of being and response to an object or a situation	are being bullied.	bullying and the appropriate ways to do this.	Demonstrate how to be kind to children who are being bullied
	Appropriate assertiveness		
feelings – an emotion	strategies that can be used to respond to bullying.	How to treat someone who is being bullied.	Identify places where bullying may occur at school and be starting to
strategy - A plan of action			suggest simple strategies to help
intended to accomplish a specific	That bullying can happen in	Where bullying may happen and	the school feel a safer place where
goal.	different places, including at school.	what they and the school can do to prevent this.	bullying is less likely to occur.
defend - to support by words or			
writing; to vindicate, talk in favour	The places at school where bullying		
of.	may occur and what can be done to make these places feel safer.		
online – actively connected to the			
Internet or to some other			
communications service.			
<b>positive</b> – bringing something			
good, or giving some kind of advantage.			
relationship – a connection			
between people			
trusted adult – a person over the			
age of 18 who someone knows well and can trust.			
<b>trust</b> - a belief in the strength or			
truth of a person or thing			

## St Anne's C of E Primary School Curriculum Plan

Subject: PSHE

Year: 1

Term: Autumn 2

(AP)

Unit: Family and Friends



Vocabulary	Knowledge	Understanding	Skills
	Children will know (that)	Children will understand (that)	Children will be able to
<b>network of support</b> – A group of people who someone trusts	How to describe what a friend is and does.	What is a friend is and does and how to make and keep friends	Relationships Education: FP Families & People who care
<b>support</b> – to help during a time of trouble or stress	How to develop strategies for making and keeping friends.		for me CF Caring Friendships
<b>relationship</b> – a connection between people	Friendship patterns change and they will be able to develop strategies for coping.	That friendships change over time	BS Being Safe
<b>positive</b> – bringing something good, or giving some kind of advantage.	How to recognise similarities and differences between themselves and their peers.	That they have similarities and differences with their peers and the benefits of these	Describe some of the qualities of friendship and to demonstrate skills in making friends.
<ul> <li>special - different from others;</li> <li>unique</li> <li>family - any group living together</li> </ul>	Why families are special, that there are different family patterns and to be able to describe what is special	That there are different family structures and what these can be	Develop some strategies for coping when they have friendship problems.
as if they were related by blood	about their own family.		Understand that friendships change.

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<b>peer</b> - a person of the same rank, age group, or ability as another person; equal.	How to identify the range of people who are special to them and describe what makes them special. How to seek help and support and from whom.	What their network of support is and how to identify who is in it. How to ask for help and who it's best to ask for help from	Recognise some similarities and differences between them and other children, and understand that difference is positive. Understand that there are different family patterns. Describe what is special about their own family and its members, and about other people they know.
			Know who they can talk to if they need help and how to ask for it.